

Fall 2026

family ELDERCARE

Message From Our CEO



A generation ago, many people believed if they worked hard, paid their bills, raised their families, and contributed to their communities, they could expect a certain level of stability as they aged.

But today that assumption is becoming much less certain.

Across the country, more older adults are living in poverty. More are experiencing homelessness. More are becoming victims of financial exploitation and scams.

Too many older adults are not receiving the public benefits they need to remain healthy, housed, and independent. And many older adults are struggling with isolation, depression, and loneliness in ways that often go unseen.

For more than four decades, Family Eldercare has worked alongside older adults and adults with disabilities to help them live with dignity, stability, and independence. Everyday, we see both the challenges and opportunities that come with aging in today's world. We also know no single organization has all the answers. That's why Family Eldercare recently brought together experts to share their wealth of experience and perspectives on aging issues impacting our Central Texas community.

Panel Discussion on Aging

Aging is
Changing.
Are We?



Are we prepared for what aging is like today?

Jennifer Stayton, our facilitator and KUT award-winning journalist posed that question to our panel of experts including:

K.C. Lawrence - Chief Operations Officer at AGE of Central Texas

Stephanie Mace - Associate State Director, Advocacy & Outreach at AARP Texas

Dr. Jacqui Angel - Author, Professor of U.S. health, retirement, and older minorities at The LBJ School of Public Policy at UT

Henry Van de Putte - CEO and President of Meals on Wheels Central Texas

Linda Zamora - VP of Housing and Homelessness Services at Family Eldercare

This past August we invited the public to our panel discussion on the epidemic of homelessness among older adults, the new technologies that make it easier to scam seniors, the dangers of social isolation among our elderly, and how we as a society can and must address these emerging challenges and protect our vulnerable neighbors.

Sneak Peek at Iris Gardens

Family Eldercare staff took a construction tour of our newest affordable housing community, Iris Gardens - scheduled to open its doors next summer and welcome 150 low-income older adults who have struggled to find a home.

The housing community, located in South Austin will reserve 65 units for older adults with a history of chronic homelessness.

Iris Gardens will also be Austin's first affordable housing community to offer services for LGBT+ older adults to create an inclusive and joyful environment for all our residents. This will be in tandem with our other critical on-site support programs we currently offer for seniors.





2027 Nominations Open!



80^{OVER}
EIGHTY

Nominations Open!

Our annual 80 Over Eighty luncheon celebrates the strength and resilience of our older neighbors by honoring 3 community members who have reached the age of 80 and have made a positive impact on their friends, family, and society. Do you know an inspiring Central Texan who will be 80 or older by April 2027?

Nominate someone to be honored at our 80 Over Eighty Luncheon held next Spring. Nominations are due November 13, 2026.

Nominate Today

Successful Summer Fan Drive

The results are in.

More than 10,500 Central Texans in 13 counties were served by our Summer Fan Drive this year.

Meet Juanita, age 80, who came to us for relief from the brutal heat. She told us about her severe health problems and her need for a solid night of sleep. She described her restless nights waking up drenched in sweat. Thankfully, we were able to give her the fans she needed to rest more comfortably and heal.

We are so grateful to all of YOU for donating fans and funds to purchase fans! Also, thank you for volunteering and spreading the word about this life-saving summer campaign. We simply couldn't do it without you!



2026 IMPACT MAY 1 - SEP 18



6,136

Fans
Distributed



31

Agency
Partners



10,528

Central Texans
Impacted



13

Counties
Served

REALITY OF OUR OLDER NEIGHBORS AND CENTRAL TEXANS SERVED



89%

Cannot afford or
Do Not Have A/C



\$1,392

Average Monthly
Income



5%

Have No Permanent
Residence



34%

Needed or
Received Food Aid



35%

Someone in HHD
Has Disability



53%

Reported Feeling
Sick From the Heat



60%

Someone in HHD
Age 55+



38%

Living in Hot Home
With A Pet

Thank You Volunteers

It takes a village! We celebrated our Summer Fan Drive volunteers this month who collectively dedicated 1,000 hours to help neighbors in need. Volunteers staffed all the locations of our community-wide Drop-Off Event. They drove across Central Texas to deliver fans to seniors unable to get to us. They answered the fan hotline. They ran our fan distribution office. **They were simply FAN-tastic!**



Introducing Rainbow Table



We are excited to announce our newest support program for older adults!

Rainbow Table - is designed to combat social isolation for older adults, especially those in the LGBT+ community. The program will offer community-building social activities and educational sessions along with a free hot lunch three times a week at Lyons Gardens' community room. All adults age 60+ are welcome to come to this free inclusive gathering - starting Tuesday, November 3. For more information please [email Annie Saldivar](#).

We're currently seeking volunteers to help with this program. Please [email Mary Hamman](#), our volunteer manager, if you'd like to learn more.