



Befriend An Older Adult & Brighten Both Your Lives

Become a friendly, reliable presence in the life of an older adult or adult with a disability. Your companionship will reduce isolation and provide lots of happy experiences for both of you!

Responsibilities:

- Build respectful, warm relationships with a matched participant
- Engage in conversation, reading, games, or light activities
- Observe and report mood, safety, or well-being concerns to Family Eldercare staff
- Always maintain confidentiality and healthy boundaries

Eldercare Companions do not perform medical or personal care services under any circumstance including:

- Bathing/Restroom assistance, incontinence care
- Medication reminders or administration
- Counseling, intervention, or case management

Requirements:

- Must be 18+ years old or accompanied by someone who is
- 3-month minimum commitment beginning at the first visit
- Minimum 4 hours per month
- Arrive on time and communicate promptly if plans change
- Respect confidentiality, privacy, and HIPAA guidelines
- Complete orientation and background check