



Lifetime Connections Without Walls

Building A Community Over the Phone

LCWW Referral Information for Professionals

Program Summary

Family Eldercare's Lifetime Connections Without Walls (LCWW) is a telephone-based program that provides socially and physically isolated older adults an opportunity to connect, learn, and have fun with others in their community and across the country. The program offers social and educational classes, support groups, and friendly conversation – all over the phone – all from the comfort of home.

How the Program Works

Participating in LCWW is simple. We use a telephone conference call system for our classes. The system will automatically call participants for the classes they register for. At the time of the class, all participants have to do is answer their phone and press 1 to join. If they miss the automated call or prefer to call into class on their own, this is an option too. They would just call the telephone conference call number (which we would provide) from their phone.

Program Eligibility

Physically and/or socially isolated older adults age 55 and above. Ability to have a conversation over the phone, along with having access to a telephone (can be home line or cell phone). Participants need to be registered to join the classes. Participants should be comfortable talking on the phone and in a group situation. Cognitively-impaired and severely hearing-impaired older adults are not a good fit for this program.

Program Registration and Cost

LCWW offers four sessions per year: one in the winter, spring, summer, and fall. You can register at any time. Each session includes about 13 weeks of classes (with breaks for holidays). Each quarterly session costs \$10 for *unlimited* classes during that session. There is no cost if you have low-income (200% FPL or less) and live in Travis or Williamson County, Texas.

Referral Process

Please call the LCWW Program Coordinator at **(512) 628-0654** (toll free 1-888-500-6472) or email lcww@familyeldercare.org. Please obtain your client's permission before sending us your referral.

Thank you so much for your referral to the Lifetime Connections Without Walls program. Please help us combat isolation in older adults by sharing information about our program with other professionals.