

Celebrating over 25 years of service to older adults, people with disabilities, and those who care for them.

In this issue



**"Swinging Fore Seniors"
Golf Tournament**



The Roast of Claude Ducloux



**Diamonds & Denim presented
by Parsons House**

Holiday Giving Drive

Make the holidays brighter for someone in need during Family Eldercare's **Holiday Giving Drive**.

With community support we will fulfill the "Wish Lists" of nearly 400 older adults and people with disabilities. Volunteers can help by sponsoring, wrapping and

delivering gifts.

Sponsorship

costs about \$30 and will help support someone who might otherwise not receive a gift this year. Your gift can make a significant difference in a person's life.

For more information, please contact

Volunteer Services at 512-483-3582, or visit our website at www.familyeldercare.org.



Family Eldercare's First Annual

CAREGIVER BOOTCAMP

On November 8th, over 70 participants from across the city attended the Family Eldercare Caregiver Bootcamp training to learn the essentials of caring for an older adult in the home. The speakers were engaging, the event was hands-on and the feedback was wonderful. KUT and KVUE provided media coverage for the training, which was made possible with funding from the City of Austin. For more information about caring for an older adult please call 512-483-3583 or visit our website at www.familyeldercare.org.

MindAlert Training Workshop

Family Eldercare hosted a MindAlert Training Workshop on November 14th. Local professionals attended the training with the goal of expanding their skills in helping elders maintain active and alert minds. Older adults attended a portion of this workshop and participated in a morning full of experiential exercises. Nationally recognized speaker, Ruth Flexman, PhD, led this day-long event, making it interactive, fun, and inspiring! Mental fitness is absolutely an important part of staying healthy longer and improving quality of life.

From the Executive Director



As 2008 wraps up I again find myself full of gratitude for the incredible greater Austin community that has found so many ways to say they care about older adults and people with disabilities. I especially want to thank all the volunteers and donors who give so much of their time, talent and resources

to make Family Eldercare one of the top non-profit organizations in this community. I am also grateful to our outgoing board chair, Diane "DeDe" Hebner, for her many years of committed service. The contributions of these individuals have allowed Family Eldercare to expand capacity and serve more clients in all our programs. Among our many accomplishments this year was the 18th annual Summer Fan Drive, which distributed over 9,500 fans to help Central Texas families survive this summer's record breaking heat. We have made substantial progress on our Capital Campaign, bringing us closer to opening the doors of our new Program Center. Family Eldercare also developed new training initiatives to help professional and family caregivers provide better care to older adults

and persons with disabilities.

Even with this progress, the need for our services continues to grow and more people are requesting our services than ever before. Now, more than ever, your support is needed to help Family Eldercare address the needs of our most vulnerable residents. At this time of great concern for the future, I ask you to join with me and answer the questions that many older adults and caregivers are asking: Who will care for me? Who will help my neighbor? How will I care for my family? **Our Annual Appeal is underway and support is needed to assure that our services will be there for those in need.** I hope that you will consider returning the envelope in this newsletter with a gift and help Family Eldercare continue achieving its mission to provide essential services to elders, adults with disabilities, and those who care for them.

On behalf of the Family Eldercare family I wish you and your family a happy holiday season and the very best for the New Year.



Thanks to everyone for a successful day of golfing for a great cause! Despite the rain falling all over Austin on October 15th, Flintrock Falls Golf Course in Lakeway stayed dry for our afternoon tournament, giving our players a chance to show their talent and have a great time! Thank you to all of our sponsors, players and

supporters for helping us provide essential services to elders, adults with disabilities and their caregivers.



Robert Hadlock and Julian Cantu of KXAN Austin News



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Community Support



The Roast of Claude Ducloux

The September 6th Roast of Claude Ducloux was an unforgettable night. The evening was full of laughter, great food and great fun. Roasters Joe Casseb, Tom Kite, Kirk Watson, Dicky Grigg, Sam Sparks, Martha

Dickie, Susan Ducloux and Don Carnes were hysterical. The performance by the Bar & Grill Singers was incredible. Special thanks to the Ducloux family and the fabulous emcee, Jo Ann Merica. Proceeds from the event will benefit Family Eldercare's Capital Campaign Endowment for the new Program Center.



Diamonds & Denim presented by Parsons House

Parsons House Austin threw a fabulous party for Family Eldercare on October 23rd at the historic Caswell House. Guests enjoyed delicious food and drinks, a chocolate fountain, an ample silent auction as well as a fun Cowboy Chic theme! The event, which honored the Texas Silver Haired Legislators for their invaluable work with the elderly, also helped raise nearly \$21,000 for Family Eldercare's services and programs. Special thanks to Alyce and Janelle Parsons and the Parsons House team for their support of Family Eldercare.



Karen Langley, Alyce Parsons, Janelle Parsons & Julie Freeman



Pat Hunt, Betty Hegarty & Lynn Roberson

Tribute Gifts

July 1, 2008 - October 31, 2008

In Memory of	Given By	In Honor of	Given By
Joan Erhart	James & Ida Erhart	Madison Graham	Bess Graham
Joan Erhart	Mary & Roy Spence	Earl and Jeannie Baker	Janet and Marty Baker
Joan Erhart	Dorian Girard & GSD&M Idea City		
Joan Erhart	Paul & Trisha Sanguinetti		
Joan Erhart	Toma Wilkerson & Jon Sewell		
Jimmie Diehl	Donna & Klaus Pfeffer		
John Monaghan, Jr.	Rick Freeman		
Betty J. Brown	Norman D. Brown		
Ron & Dulcie Jessup	William McHale		
Tom Jackson	Adeline Jackson		
Vernie Faurie	Ella & John Kruegar		
Vernie Faurie	Thomas & Martha Mueller		
Ruth McCully	Virginia & David Breihan		
Ruth McCully	Shudde Fath		
Helen Son	Beverly Archer		
Lottie Mae Hardin	Jo Ann & Warren Nelson		
Bert Kruger Smith	Emily E. Freede		

Every effort has been made to assure the accuracy of the contributions listed. If a mistake has been made, please accept our sincere apology and notify us at 512/483-3561. Thank you.

Family Eldercare awarded \$350,000 by Meadows Foundation

Family Eldercare is pleased to announce that a grant in the amount of \$350,000 has been awarded by The Meadows Foundation for the development of a new Program Center. The new facility will allow Family Eldercare to serve the rapidly growing population of elders in our community.

The Meadows Foundation is a private philanthropic institution established in 1948 by Algur H. and Virginia S. Meadows. The Foundation's mission is to assist the people and institutions of Texas to improve the quality and circumstances of life for themselves and future generations.



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Planned Giving is a way to help your favorite charity while preserving resources for you and your loved ones at the same time. It can also provide you with a significant tax advantage. For more information, please contact the Development Office at 512/483-3579.

If you would rather receive an electronic newsletter or no longer wish to receive this newsletter, please email Krystal Wilson at kwilson@familyeldercare.org or call 512/483-3557

Family Eldercare

This newsletter is published by

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Graphic design: Krystal Wilson

Wish List

- New oil-filled radiant heaters
- Non-perishable food items for our Food Pantry to serve low-income homebound clients.
- Gift cards for food and other household needs for our low-income clients
- Toiletries for homeless and low-income elderly and persons with disabilities

Mark Your Calendar!

Holiday Giving Drive December 2008

Volunteers are needed to sponsor, wrap and deliver gifts. Please contact Faith Unger at 512-483-3582 or volunteer@familyeldercare.org

Volunteer Orientations

Monday Evenings

**Dec. 1, Jan. 12,
Jan. 26, Feb. 9**

5:45 p.m. - 6:30 p.m.

2210 Hancock Drive

Contact: Faith Unger

512-483-3582 or

volunteer@familyeldercare.org



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