

## Family Eldercare's E-news

March 2010

# Community Care Matters



## AMD Funds the Fan Drive!

### 20th Annual Summer Fan Drive

AMD will fund the fan drive at the \$25,000 level. AMD has been a wonderful

partner in this endeavor to prevent heat related illness among vulnerable and low income families, older adults, persons with disabilities and persons with serious medical conditions. Last year, Family Eldercare's Fan Drive distributed over 6,200 fans and 55 air conditioners to nearly 4,000 households in 11 counties. This accomplishment was made possible by the support of corporations like AMD, as well as the volunteerism of their employees and others in our community. We are grateful for AMD's partnership and support.



## Lifetime Connections News

### Participants make connections across the country

On March 9, 2010, participants from Lifetime Connections Without Walls, Austin, TX joined in a transcontinental exchange call with participants of similar programs in New York, Connecticut, and California. Older adults introduced themselves and shared their favorite sessions and their experiences with the program. Participants were so excited to be part of the call and hear from folks in other parts of the country. It was a refreshing and energizing experience for homebound older adults in all the programs. One participant exclaimed, *"Even though you are all so far away in miles, I feel you are in my living room. It is a blessing to be part of this."* Would you like to get involved? Anyone over the age of 55 and their family caregivers can listen in from the comfort of your home or work using a phone. Professionals are welcome but may be placed on a waiting list. Call Mary at (512) 628-1688 or [email](mailto:mary@inhomefamilyeldercare.org) to register. Visit [InHomeFamilyEldercare.org](http://InHomeFamilyEldercare.org) for more information. Sponsored by [St. David's Foundation](http://St.David's Foundation) and [Health's Angels](http://Health's Angels)



## Junior League Volunteers

### Companionship Volunteers at Lyons Gardens

Members of the Junior League of Austin are volunteering their time to offer companionship to residents of Lyons Gardens, Family Eldercare's Senior Housing Community. *"The volunteers are offering social visits and the feedback from the residents has been extremely positive,"* says Susan Hernandez, Service Coordinator at Lyons Gardens. Recently, Susan noticed that one of the residents was dressed up and looking dapper and he said that after he got the call that his volunteer was coming over he made sure he was dressed nicely. *"I want company...I love having her come over. She tells me all about her life and I tell her about mine"* he says about his volunteer. If the residents feel up to it, they also go walking with their volunteers. The residents clearly love the interaction.

## Table of Contents

[Team Fan Drives](#)  
[AMD Funds the Fan Drive!](#)  
[Lifetime Connections News](#)  
[Junior League Volunteers](#)  
[Aging in Place Grant Update](#)  
[Travis County Medical Alliance](#)  
[Mark Your Calendars](#)

## Fan Drive Quick Links

[About the Summer Fan Drive](#)  
[Team Fan Drives-Get Involved!](#)  
[Fan Drive Gala May 29](#)  
[Fan Fare Friday June 25](#)  
[Sponsor the Fan Drive](#)  
[Donate to the Fan Drive](#)  
[Email Us](#)

## We're on Facebook



Click Here to become a Fan of Family Eldercare on Facebook. Find out what we are doing to help seniors and adults with disabilities, who is helping us, events and more!

## Quick Links

[Our Website](#)  
[In-Home Care Website](#)  
[Find a Caregiver](#)  
[Donate Now](#)  
[Contact Us](#)  
[Email Us](#)  
[Volunteer](#)

## Volunteers Needed!

Brighten someone's day with a visit, help individuals keep their independence by managing their checkbook and paying bills on time, help in the office with administrative support or assist with events! Contact Faith at 512-483-3582 for more information.

- Events (5/29 & 6/25)
- Money Management

## Aging in Place Grant Update

### Building Trust With Residents

In a little over one month, the Aging in Place grant team has met 80% of the approximately 200 seniors at the housing authority properties to be served through the grant initiative. Currently, the service coordinators are assessing individual and community needs through resident interviews and focus groups. The response from the residents is overwhelmingly positive. One resident who received a referral for dental help said, *"This is great, in one day she (Lauren, Aging in Place Case Manager) fixed my problem! I've had problems with my teeth for years and she got me hooked up with where I needed to go."* The residents are spreading the word and telling other residents that they are receiving help from the program. Trust is being built. [Click Here](#) to read more about the program.

## Travis County Medical Alliance

### \$5,000 to support transportation for medical appointments for clients in Family Eldercare's In-Home Care Program

The funds awarded by the Travis County Medical Alliance will help frail older adults to maintain their health and well being by ensuring they keep their medical appointments and, with client permission, understand their doctor's orders. Funding will also contribute to improved medication compliance, since the Care Attendant often provides transportation to pick up medications and provides medication reminders during their stay with the older adult. These services, together with escorted transportation for other errands, help protect the physical and mental health of older adults so they can extend the time that they remain living in the community. [More...](#)

## Mark Your Calendars

### Dates and Events

**April 10, 8:30am-12:30pm**

#### Legacy Planners Breakfast presented by Survivorship Now

If you want to create a plan for your family or elderly parents, you don't want to miss this! Take notes, ask questions and learn about things you may not have considered vital to a comprehensive survivorship plan. Early Bird discounts available through March 29th. For more information, visit [www.survivorshipnow.com](http://www.survivorshipnow.com).

**April 12, 1:00-1:30pm**

#### Conversations about Keys to SUCCESSFUL Aging! (Free Phone Presentation)

Listen to **Tam Cummings**, a local Gerontologist with 15-plus years of study, research, and experience. Topics she will cover include dismantling the common myths of the normally aging brain, how a healthy diet and exercise help us age and enjoy the gifts and joys of growing older. Bring your questions, topics of interest, and an open, growing mind! [Email](#) or call 512-628-1688.

**April 19, 1:00-1:30pm**

#### Protect yourself from fraud, scams and identity theft (Free Phone Presentation)

Nancy Gresham, Outreach Coordinator from the Texas Attorney General's office, will call in to give us tips on how to protect our information from scams and fraud. [Email](#) or call 512-628-1688.

**May 29, 6:30pm**

**Summer Fan Drive Gala:** Please join us for the Summer Fan Drive

- Guardian Advocate
- Administrative
- Outreach
- Seasonal Projects
- Lifetime Connections Without Walls: Senior networking

## Phogg Phoundation

Youth Emergency Service, Inc (dba The Phogg Phoundation) has awarded \$500 to Family Eldercare. The donation will help provide services to the elderly, allowing them to live in a supportive community with dignity and as much independence as possible. <http://www.phoggphoundation.info/>

## Team Fan Drives

**Get your co-workers and friends involved!**



A Team Fan Drive is an exciting and easy way to get your work, church, neighborhood or any group involved in the Summer Fan Drive! Spend 2 days or two weeks helping low-income families and individuals in the community by collecting new fans and/or funds for the Fan Drive. There are so many ways you can get your group excited about the cause; bake sales, birthday parties, online drives. [CLICK HERE](#) to take a look at ideas from our creative and enthusiastic Team Captains and to print out helpful information about Team Fan Drives and instructions on how to get started!

**What do we do at Family Eldercare?**

Gala celebrating the 20th Annual Summer Fan Drive on Saturday, May 29th, 6:30pm at the Renaissance Austin Hotel. This elegant evening will include great food, a silent auction and live music by the critically acclaimed singer songwriter Sara Hickman. Please [email](#) or call (512) 483-3579 for more information or sponsorship details.

**June 25, 7:00am-7:00pm**

**Fan Fare Friday:** Don't miss it! Each summer, 93.3 KGSR hosts a full day of free live music dedicated to raising fans and funds for Family Eldercare's Summer Fan Drive. This year, Fan Fare Friday will be June 25th, all day. Threadgill's World Headquarters will again serve as the backdrop for the all day musical event. Call 512-483-3557 for more information or visit [www.familyeldercare.org](http://www.familyeldercare.org).



Click Here to watch a short video about Family Eldercare. See our clients, caregivers and volunteers. If you have questions or need assistance, please call us at 512-450-0844 or email.

Please visit our website at [www.familyeldercare.org](http://www.familyeldercare.org).  
Please [Click Here](#) to donate to our cause.

Would you like to forward this email to a friend? [Click here](#).

---

[Remove my name from all future email correspondence](#)

*Address postal inquiries to:*

Family Eldercare  
2210 Hancock Dr.  
Austin, TX 78756

Powered By

