

From: Krystal Wilson
Sent: Tuesday, February 16, 2010 5:05 PM
To: Krystal Wilson
Subject: Family Eldercare's E-news

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February 2010



Random Acts of Kindness Week

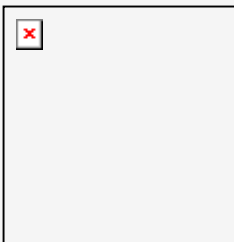


A little kindness goes a long way. Join Family Eldercare in celebrating *Random Acts of Kindness Week*, February 15-21, 2010. [Click here](#) for a flyer with more ways to spread the kindness!

Mark Your Calendars!

Fan Drive Gala-May 29th & Fan Fare Friday-June 25th

Summer Fan Drive Gala May 29th: Please join us for the Summer Fan Drive Gala celebrating the **20th Annual Summer Fan Drive** on Saturday, May 29th, 6pm at the Renaissance Austin Hotel. The elegant evening will include great food, a silent auction and live music by the critically acclaimed singer songwriter, **Sara Hickman**. Please email or call (512) 483-3579 for more information or sponsorship details.



Fan Fare Friday June 25th: Don't miss it! Each summer, 93.3 KGSR hosts a full day of free live music dedicated to raising fans and funds for Family Eldercare's Summer Fan Drive. This year, Fan Fare Friday will be on June 25th all day. **Threadgill's** World Headquarters will again serve as the backdrop for the all day musical event. Call 512-483-3557 for more information or visit www.familyeldercare.org.

Do You Have an Hour?

Lifetime Connections Without Walls

We are in need of a volunteer to lead a bingo game over the phone on Thursdays from 1:00 p.m. – 1:45 p.m.!! Lifetime Connections is building a community over the phone, offering seniors an opportunity to socialize through bingo, brain aerobics, reminiscence, armchair traveling and Medicare presentations, all from the comfort of their own home. Participants *and* volunteers are thrilled about the program which is sponsored by **St. David's Foundation and Health's Angels**. One volunteer writes, *"Even though we can't see each other's faces, we feel connected to each other and convey warmth, humor and encouragement through our voices. Every 15 minutes of gratitude session is a reminder that we are not alone and that love and kindness is just a phone call away. The cliché is true, volunteering*



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We're on Facebook

 [Click Here](#) to become a Fan of Family Eldercare on Facebook. Find out what we are doing to help seniors and adults with disabilities, who is helping us, events and more!

Volunteers Needed!

Brighten someone's day with a visit, help individuals keep their independence by managing their checkbook and paying bills on time, help in the office with administrative support or assist with events! Contact

gives me back more than I can give and I am grateful for the program.” Would you like to get involved? Call Mary at (512)-628-1688 or visit www.inhomefamilyeldercare.org.

Survivorship Now - Planners Breakfast

Saturday – April 10, 2010 8:30AM-12:30PM

survivorship *now* Norris Conference Center

Have a cup of coffee, a bite to eat, and listen to 6 speakers presenting information on the various aspects of planning.

What if you or your parents died suddenly? Would your family have all the information needed for a smooth transition or would there be chaos, confusion and potentially hard feelings that could last for years? If you want to create a plan for your family or elderly parents, you don't want to miss this! Take notes, ask questions and learn about things you may not have considered vital to a comprehensive survivorship plan. For more information, visit www.survivorshipnow.com.

St. David's Foundation

Grant to support core service for older adults



Family Eldercare was awarded a generous grant of \$175,000 from St. David's Foundation to support core services that support older adults in living as independently as possible with dignity and a good quality of life. St. David's has been an active supporter of Family Eldercare for many years and is a leader in addressing the needs of older adults in Central Texas. Funding from St. David's Foundation will support Family Eldercare's In-Home Care and Caregiver Services, Guardianship, Bill Payer services, Consultation and Service Coordination and Lifetime Connections Without Walls. These programs address the basic personal care, household and money management needs of older adults in order to help them maintain maximum independence. They also provide protection against fraud, abuse and neglect and help family and informal caregivers identify and link to services they need to support older adults. Older adults also receive transportation to social activities and companionship from volunteers and caregivers in order to reduce loneliness and isolation. "We value our partnership with St. David's Foundation in supporting the needs of older adults," said Angela Atwood, Co-Executive Director of Family Eldercare. "We are proud to be a part of the Foundation's effort to help older adults age with dignity, well-being and independence." [More...](#)

City of Austin Homeless Housing & Services

Collaboration with Foundation Communities

Family Eldercare was a participating collaborator on this grant awarded to Foundation Communities. Family Eldercare will receive reimbursement for In-Home Care and Caregiver Services provided to older adults and adults with disabilities who are living in affordable housing properties owned by Foundation Communities. In-Home Care services will help residents with basic tasks such as light housekeeping, meal preparation and escorted transportation so that they can maintain a safe living environment, address their basic needs and remain living as independently as possible in the housing

Faith at 512-483-3582 for more information.

- Events (5/29 & 6/25)
- Money Management
- Guardian Advocate
- Administrative
- Outreach
- Seasonal Projects
- Lifetime Connections Without Walls: Senior networking

What do we do at Family Eldercare?



[Click Here](#) to watch a short video about Family Eldercare. See our clients, caregivers and volunteers. If you have questions or need assistance, please call us at 512-450-0844 or [email](#).

community.

Please visit our website at www.familyeldercare.org.
Please [Click Here](#) to donate to our cause.