

Community Care Matters



Golf October 18 - Registration Now Open



We hope you can join us October 18th on Berry Creek's beautiful 18-hole championship golf course for a wonderful day of golf as we raise funds to make a difference in the lives of older adults, people with disabilities and their caregivers. Lunch and registration will begin at 11:00 a.m. followed by a **Shotgun Start at 1:00 p.m.** This year's tournament will include prizes for the longest drive and closest to the pin. In addition, there will be extraordinary raffle prizes such as a flat panel television and gift certificates to area restaurants and hotels.

To print our brochure or register online [CLICK HERE](#). If you have questions, please contact Krystal Wilson at (512) 483-3557 or kwilson@familyeldercare.org

Congrats to our first CNA Grads!

We are pleased to present our very first graduates of the Certified Nurse Aid (CNA) training sponsored by the [Women's Fund of Central Texas](#). Lucile Kelly and Isabel Millhouse recently completed their training and passed the examination to become Certified Nurse Aids. This represents an important career advancement for them, both in terms of increased skills and increased pay. We at Family Eldercare are proud and excited to be able to offer this benefit to some of our hardest working employees who provide such an important service to older adults in our community. Both Lucile and Isabel are thrilled with their new credentials and are very grateful to the Women's Fund of Central Texas.



A Big Thanks to Carrier & Expert Service!

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Volunteer !

[Lifetime Connections Without Walls](#): brings seniors together over the telephone for conversation and fun. You can volunteer to facilitate a call without leaving your home or while on your lunch break!

[Money Management](#): Volunteer your time to work one-on-one with a client who needs assistance with keeping their checkbook balanced, paying their bills, budgeting, etc. No experience is necessary, training is provided, requires at least two hours per month.

[Guardian Advocate](#): Volunteers are needed for visitation and advocacy. Our clients include both disabled adults and elderly people, many of whom have no family and few friends in the area. The short regular visits from volunteers brighten their days and enhance the quality of their lives. No experience is necessary, training is provided, requires at least two hours per month.

Quick Links

[Family Eldercare's Website](#)
[In-Home Care Website](#)
[Find a Caregiver](#)
[Contact Us](#)
[Email Us](#)
[Volunteer](#)
[Join us on Facebook](#)



Angela Atwood, Family Eldercare and Paul Carapetyan, Expert Service pictured with first shipment of donated Carrier AC units.

Recently, [Carrier](#) made a very generous donation of 279 window air conditioning units to Family Eldercare's Summer Fan Drive. Each summer, in addition to distributing thousands of fans, Family Eldercare also distributes and installs window AC units at no cost to individuals with serious medical conditions or who are at

risk for heat-related illness. Many of these individuals are frail older adults or persons with chronic disabling health problems who are primarily homebound. For those with severe health problems, air conditioning can mean the difference between life and death. We are extremely grateful to Carrier for this donation as well as to [Expert Service](#), who has donated warehouse space to store the units. This partnership will allow us to fill all referrals received this year as well as prepare for a great start to next year's AC distribution.

News at Family Eldercare

In-Home Care & Caregiver Services

The Recruitment & Workforce Development Manager has introduced a new program for clients who are receiving 24-hour care and have multiple caregivers. The program provides mechanisms for Care Attendants and others providing care (family members, health professionals, etc.) to easily communicate with one another and track trends in the client's condition in order to improve the quality of care provided.

Guardianship

The Guardianship Program received eight new clients in July who were referred by the Travis County Probate Court and the Department of Aging and Disabilities. All cases involved adults who were at significant risk for abuse or exploitation and require guardianship to protect them.

Elders Living Well

The Elders Living Well Program provides service coordination, case management, educational and social programs to help older residents of public housing age in place and create a community where older adults are active and engaged. In addition to Yoga classes, residents are enjoying numerous other activities including; arts and crafts, gardening, pool, salsa lessons and companionship visits for homebound residents. These activities are energizing these communities, strengthening both their minds and bodies.

Lifetime Connections Without Walls

A special session, "Across the Miles" is held every other month with similar programs in New York, California, Connecticut and Washington. In our most recent session, participants in this program initiated a Pen Pal program. Five participants were matched according to their hobbies and geographical interests. One of the participants from Austin made a big impression with her

[Donate Now](#)

I Live Here I Give Here's The BIG GIVE !

We would like to invite you to vote for Family Eldercare through I Live Here I Give Here's BIG GIVE contest. The BIG Prize, \$10,000 for excellence in donor relations, is awarded to the nonprofit that receives the most votes from donors. Please take a couple minutes to click the image below and vote for Family Eldercare by September 3rd. We truly appreciate your support.



Yoga Classes for Older Adults & People With Disabilities

Family Eldercare has teamed up with Community Yoga Austin to offer yoga classes to a new demographic.

Research has shown that everyone, especially older adults, can benefit from the stretching and breathing exercises of yoga. Family Eldercare has partnered with Community Yoga Austin to offer classes at select Austin Housing Authority properties and the response from residents has been extremely positive. After attending a few classes one 69 year old resident reported, "It's ideal for anybody, even if you're in a wheelchair." To read the full article on Austin360.com [CLICK HERE.](#)

lyrical voice and description of beautiful Texas wildflowers.

[Join Our Mailing List](#)

About Family Eldercare

Family Eldercare provides essential services to elders, adults with disabilities, and those who care for them.

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Please visit our website at
www.familyeldercare.org.

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